

WELCOME HOME

HYPERTROPHIC CARDIOMYOPATHY (HCM)



The Mended Hearts, Inc.

A comprehensive HCM program for patients and caregivers providing education and peer support to improve outcomes



ABOUT WELCOME HOME HCM

The Mended Hearts, Inc. (MHI) has developed a comprehensive and multi-faceted Hypertrophic Cardiomyopathy (HCM) program to improve quality of life and reduce hospitalization and death due to HCM. While HCM-mortality has lessened over time, recent studies suggest that the incidence of HCM is increasing, likely due to a combination of improved diagnosis, greater awareness, and a shift in how the disease is diagnosed. As people live longer with the disease, complications have led to an increase in visits to the emergency room and in hospital readmissions. Therefore, strategies aimed at preventing hospitalizations are more important than ever to reduce the burden of disease in HCM patients.

MHI's Welcome Home HCM Program is designed to provide awareness, education and support to activate, empower and engage patients so they ask questions, get screened and properly diagnosed, understand available treatment options, and make a plan that works for them. This program includes a peer support program for newly diagnosed patients.

The campaign provides patients who have HCM with education and tools to empower them to seek additional diagnosis and treatment.

PROGRAM OBJECTIVES

- To provide peer support to patients with HCM upon diagnosis and/or during recovery from hospitalization.
- To educate patients and caregivers in key areas to help them adequately manage a HCM diagnosis.
- To enhance provider-patient communication by empowering patients to ask questions and understand their condition.
- To help patients stay home from the hospital by providing tools for living with HCM.

Components



Educational & Mental Health Resources



Digital Patient Activation Campaign



Peer Support and Coaching

- To increase patient compliance by stressing the need to adhere to their treatment plan with tools and tips from patients and caregivers.
- To activate patients so they engage in seeking screening, a diagnosis and treatment for HCM.

This program is made possible by educational grants from:



The Mended Hearts, Inc. has been providing support and education to cardiovascular disease patients and their families since 1951. Peer support has been shown to improve the physical and emotional health of patients, adherence to treatment plans, and aid in the recovery process. For more information, visit www.mendedhearts.org.

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